

# Luke's Family Pharmacy Semaglutide Info sheet

## WHAT IS SEMAGLUTIDE?



- ▶ Semaglutide is a special medicine similar to something our bodies naturally make called GLP-1.
- ▶ It helps our bodies make more insulin and reduces another hormone called glucagon.
- ▶ It also helps control our appetite. The result is weight loss for most patients.

### BENEFITS OF SEMAGLUTIDE:

- ✓ Decreased appetite and cravings
- ✓ Weight loss
- ✓ Improved blood glucose control
- ✓ Increased fat loss

### SIDE EFFECTS/CONTRAINDICATIONS:

- ✓ Nausea and Constipation
- ✓ Acid reflux, Stomach pain, Vomiting, and Diarrhea
- ✓ Hypoglycemia, kidney problems, and risk of allergic reactions
- ✓ History of Thyroid C-Cell Tumors

## HOW SEMAGLUTIDE WORKS:



- ▶ Delays how quickly our stomachs digest food, so eat less at each meal
- ▶ Slows food movement through intestines, so you will feel fuller longer after meals
- ▶ Lowers blood sugars, in part by reducing the production of sugar in the liver
- ▶ Stimulates insulin secretion by the pancreas
- ▶ Increases fat metabolism

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## SIDE EFFECTS/CONTRAINDICATIONS:

- ▶ If you or any family members have been diagnosed with Multiple Endocrine Neoplasia Syndrome Type 2 (MEN 2) or Medullary Thyroid Cancer (MTC) you should not take semaglutide. If you have ever had pancreatitis consult with your medical provider as using semaglutide can increase the risk of developing pancreatitis.

**WARNING :** This medication is NOT insulin and should not be used if you have type 1 diabetes OR if you develop diabetic ketoacidosis. Semaglutide should not be used with any other GLP-1 medications.



- Price ranges from \$275-\$475/vial and lasts 6-11 weeks depending on your dose.
- Semaglutide requires a prescription from your Provider
- If you need a Provider, you can have a TeleHealth visit with Lindsay Venn through Venn Integrative Medicine
  - Mention Luke's Family when you book to receive a \$50 discount
  - Scan this QR code to book an appointment

